

# **Sta-Thin™**

## **90 Capsules**

- Vitamin C** Builds resistance to infection, aids in the prevention and treatment of the common cold, gives strength to blood vessels, aids in the absorption of iron. Strengthens the power of MSM, key building block in the formation of cartilage, collagen and other kinds of joint tissue.
- Pantothenic Acid** A Vitamin B-5 complex. Plays an essential role in energy and metabolism. Helps convert fat and sugar to energy. Needed for maintenance of healthy digestive tract, skin, nerves and glands.
- Chromium**  
(as Chromium Picolinate,  
Chromax™) Helps prevent and lower high blood pressure. Helps prevent sugar cravings and sudden drops of energy. Helps in carbohydrate utilization. Involved in metabolism of glucose and synthesis of fatty acids and cholesterol. Helps bring protein to where it is needed.
- Proprietary Blend**
- Chitosan** Is a fiber composed of chitin, which is a component of the shell of shellfish. Can absorb many times their weight of fat and cholesterol. Key fat absorber-trapper.
- Garcinia Cambogia** Helps suppress one's appetite.
- DL-Methionine** Helps repair damaged tissue in the lungs by counteracting the effects of smoke and other environmental toxins, speeds up the removal of poisons via the liver.
- Inositol** Improves circulation and increases oxygen.
- Fennel Seeds** Is fiber to absorb the flushed out fats to form perfect stools also helps prevent irritation of bladder and urethra (urinary infection).
- Guarana** Migraines, neuralgia, paralysis, and urinary-tract irritation.
- Gum Guggul** Lowers LDL cholesterol and triglycerides while raising HDL cholesterol. Protects the heart from damage by unstable free radicals.

**Reference: The Ultimate Healing System, The How to Herb Book and Vitamin Bible**

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