

# Sta-Energized™

## 120 Capsules

<b>Chromium Polynicotinate (ChromeMate™)</b>	Helps prevent and lower high blood pressure. Helps prevent sugar cravings and sudden drops of energy. Helps in carbohydrate utilization. Involved in metabolism of glucose and synthesis of fatty acids and cholesterol. Helps bring protein to where it is needed.
<b><u>Proprietary Blend</u></b>	
<b>Green Tea</b>	Stabilizes blood lipids. Antioxidant effects enhance immunity and destroy bacteria. Reduces illness and has compounds which are particularly soothing to sensitive skin.
<b>Bee Pollen</b>	Quick energy, allergies, slow down aging.
<b>Gotu Kola Herb</b>	Brain food, memory, prevent senility.
<b>Garcinia Cambogia</b>	HCA Hydrocitric Acid, appetite suppressant.
<b>Beet Root</b>	Blood Builder.
<b>Fo-Ti</b>	Stop premature graying, backache and impotency.
<b>Kola Nut</b>	Energy boosters, improves metabolism.
<b>Guarana</b>	Migraine and nervous headaches, neuralgia, paralysis, urinary-tract irritation.
<b>Calcium Pyruvate</b>	Source of calcium. Helps enhance the absorption of other minerals. Boosts metabolism.
<b>Ginger Root</b>	Cleansing effect on the kidneys and bowels, helps remove excess toxins from the body, stimulates the circulation system.
<b>Eleutherococcus Senticosus</b>	Energy, endurance, stimulant and blood pressure.
<b>White Willow Bark</b>	Pain-reliever, anti-inflammatory.
<b>Kelp</b>	Goiter, thyroid, complexion and helps take off fat.
<b>Spirulina</b>	Powerfully enhances immune system, high in protein, vitamins, fatty acids, enzymes, helps with heart disease, lowers triglycerides, arthritis and depression.
<b>Ginkgo Biloba</b>	Helps improve mental functions and memory by boosting blood circulation to brain cells.
<b>Cayenne Pepper</b>	Works to improve vision, and circulation, which may prevent strokes and lower blood pressure.
<b>Odorless Garlic</b>	Normalizes blood pressure, natural antibiotic.
<b>Saw Palmetto Berries</b>	Prevention of genitourinary track infections, regulation of weight.
<b>L-Carnitine</b>	Increases physical stamina and promotes weight loss, also lowers high cholesterol while raising levels of good HDL cholesterol, regulator of fat metabolism in the heart and skeletal muscle.

**Reference:** The Ultimate Healing System, The How to Herb Book, Vitamin Bible, and The Little Herb Encyclopedia. ChromeMate™ is a registered trademark of Inner Health Nutraceuticals Inc, Benicia, California