

STA-ACNE FREE™ 60 VEGETABLE CAPSULES

Vit. A	Growth, vision, healthy tissue-skin-hair, resistance to infection.
Vit. B-1	Necessary for proper metabolism of sugar and starch to provide energy.
Vit. B-2	Healthy skin. Tissue repair. Antibody and red blood cell formation.
Niacinamide	Healthy skin, nervous system, cell metabolism. Converts food to energy.
Vit. B-6	Needed for production of red blood cells and antibodies, which fight disease.
Pantothenic Acid	Helps convert proteins, carbohydrates, and fats into energy. Immune system.
Vit. D-3	Bones, teeth, optimum calcium-phosphorus metabolism.
Vit. E	Antioxidant. Protects cell membrane and tissues. Maintains circulatory system.
Zinc	Helps produce testosterone, growth and development of reproductive organs, normal function of prostate gland, absorption of vitamins, especially B complex, bolster the thymus gland (fights off disease) acts as an antioxidant.
Potassium	Helps regulate heart beat, lowers blood pressure, hypoglycemia.
L-Carnitine	Helps lower high cholesterol while raising levels of good HDL cholesterol, regulator of fat metabolism in the heart and skeletal muscle.
Coenzyme Q-10	Valuable nutrient that can protect and strengthen the heart and body. Helps normalize blood pressure, and promote healing.
Fish Oil	Major source of Omega 3 Fatty acids, which help with depression, boost immune system. May help ward off diabetes.
Burdock Root	Powerful blood purifier. Helps the liver break down excess hormones. Decreases inflammation. Helps to clear persistent acne.
Dandelion Root	Decreases water retention and bloating, restores lost potassium.
Yellow Dock Root	Medicinal used internally for chronic skin conditions, jaundice, constipation (especially associated with skin eruptions), liver disorders, and anemia.
Citrus Bioflavanoids Complex	To increase capillary strength and regulates absorption.
Spirulina	Powerfully enhances immune system. High in protein, vitamins, fatty acids, enzymes. Helps with heart disease, arthritis, depression, and lowers triglycerides.
Bromelain	Often relieves the pain and stiffness of arthritis and helps to remove the congestion that causes arthritis.
Papaya	A depressant for the central nervous system, normalizes the colon.
White Willow Bark	Pain reliever, anti-inflammatory.
Oregon Grape Root	Used internally for skin diseases (especially dry eczema), gall bladder complaints, chronic hepatitis B, catarrhal gastritis, and diarrhea.
Goldenseal Herb	Improves digestion, is decongestant, and effective against bacterial and amebic infections.
Wolfberry Fruit	Wolfberry fruits contain phytochemicals with antioxidant activity and could slow the aging process.
Celery Powder	Has the ability to calm inflammation and neutralize the harmful effects of uric acid.
Carrot Powder	A super food source for beta-carotene. A powerful anti-cancer, artery-protecting, immune boosting. Fights heart and eye disease.
Beet Root	High in folic acid, an anti-depressant. Contains iron, calcium, and potassium. Enhances liver and gallbladder function. Builds blood corpuscles and cells. Stimulates lymph glands.
Cranberry Fruit Concentrate	Used to treat bladder and urinary tract infections.
Evening Primrose Oil 60% Powder	Evening primrose oil (EPO) contains an omega-6 essential fatty acid, gamma-linolenic acid (GLA), which is believed to be the active ingredient. EPO has been studied in a wide variety of disorders, particularly those affected by metabolic products of essential fatty acids.
Red Clover Flowers	A cooling alterative herb that relaxes spasms, and has diuretic and expectorant effects. Improves skin complaints.
Licorice Root	Adjusts blood sugar, quick energy.

Reference: Herbs that Heal, The Little Herb Encyclopedia, The How to Herb Book